

# STAPLE DIET

No. 178 July 2024

(The West Quantoxhead Village Newsletter)

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## SERVICES AT ST ETHELDREDA'S CHURCH ST ETHELDREDA'S CHURCH

July 7<sup>th</sup> 0930 Communion with SM  
July 14<sup>th</sup> 09.30 All age service with CW  
July 21<sup>st</sup> 10.30 Benefice Communion at MONKSILVER  
July 28<sup>th</sup> 09.30 Communion with NM



### KENN'S WEATHER REPORT

The month of May started with VERY heavy rain 49 mm on the 2nd. then settled down giving a monthly total of 106 mm.

There was a two noticeable warm spells 7th to the 12th and 19/20<sup>th</sup> with temperatures in the middle 20c's.

Recordable sunshine on 21 days.

No gales or high winds.

### VILLAGE COMMUNITY GROUP

The cream tea at the Combe House Hotel, Holford was a great success - 21 villagers enjoyed a very pleasant treat in lovely weather so we could sit outside for the afternoon and enjoy the beautiful surroundings.

**The next Group meeting** will be held in the Village Hall on Wednesday 10th July at 3.00pm with the aim of planning future events and in particular to discuss what arrangements need to be put in place for 'The Stoggy-men' evening of 26th October, including the printing of tickets and posters, as well as a small team of volunteers to help with the refreshments.

Hopefully we shall be able to make a start on these at the end of the meeting. Over a cup of tea and a slice of home-made fruit cake. Contact Sue or Mike Sanders on 632759 for more information.



### COFFEE MORNING AT ST. AUDRIES VILLAGE HALL

The next coffee morning will be held as usual on the first Monday of the month, i.e. 1st July from 10.30 am to about mid-day. Coffee or tea remains unaltered at £1 per cup and the biscuits are free. Come and have a chat with your fellow villagers - new faces are always welcome. Contact Sue Sanders on 632759 or Isobel Newton on 632274 for more details.

### VILLAGE SKITTLES

Our monthly, very friendly, skittles match will be held as usual on the third Wednesday of the month i.e. 17th July at The Valiant Soldier, Roadwater. We meet at 11.30 am, book a meal, play a few games, then eat usually at around 1.00pm. It would be good to see new villagers join us, it's great fun and no experience is necessary! For further details contact Sue or Mike Sanders on 632759.

### PARISH COUNCIL

Parish Council Meetings:

3<sup>rd</sup> July, 4<sup>th</sup> September and 6<sup>th</sup> November 2024 7.30pm in the Village Hall. Everyone is welcome to attend, come and see what we do.

### VILLAGE HALL D-DAY DISPLAY

All villagers, friends and families are welcome to join the Parish Council for a cream tea at the village hall on Saturday 3rd August from 3pm. This will be a great opportunity to view the display created by many villagers during the months leading up to D-Day. A small donation will be appreciated to cover costs. Booking not essential but it would be helpful if you can let Penny know you intend to attend 07595071680



### CRAFT GROUP

**We break up for the Summer on the 16 July until 3 September.**

Craft Group meets on Tuesdays 2 to 4.30 in the village hall. £2 per session including tea, cake & biscuits.

We all have a mixture of crafts, ranging from Patchwork, Quilting, Crochet, Knitting, Stitching & Crystal card making and many more.

New members are always welcome come in and meet us or phone/email June on 01984-632410.

[June.Bissell@BTInternet.com](mailto:June.Bissell@BTInternet.com) or Jenny 01984-633556

## POETRY GROUP

**No meeting this month.** Thursday 29th August at 2.30 pm., we will meet at Lark Rise, Weacombe Road (Vicky Nash) when the poems will be about "Towns and Places." For further information please contact Joyce Baxter 01984 633537.

## ST. AUDRIES ART GROUP

The Art Group meet every Wednesday in the Village Hall from 10am until 12.30pm. New Members are very welcome - if you would like to know more about us please contact Maureen on 01984 632575 or Pat on 01984 632729.

## VILLAGE AGENT

Your nearest Talking Café is: Williton Pavilion every Tuesday 1-3 pm. Please contact your local Village Agent Izzy Silvester on 07931 018045 or email [izzy@somersetccc.org.uk](mailto:izzy@somersetccc.org.uk) if you need free help and confidential advice



## FISH & CHIP LUNCH

You are invited to join Malcolm and Joyce and a Fish and Chip Van to celebrate 200 years of RNLI 12.30pm on Tuesday, 23<sup>rd</sup> July 2024

At Applegarth, Staple Lane, West Quantoxhead, TA4 4DE Staple Lane, West Quantoxhead, TA4 4DE Please contact us by 20 July to book on 01984 633537

£15 for Fish, Chips and Mushy Peas plus light dessert (gluten free catered for) Please bring your own drink and a glass



## PATIENT PARTICIPATION GROUP (PPG)

### PLEASE NOTE AMENDED EMAIL ADDRESS

Phil and Mike Keenan from Keepers Find in Staple Lane 01984 634731 [mikejkeenan@btinternet.com](mailto:mikejkeenan@btinternet.com) are both members of the PPG at the Medical Centre in Williton. Their role is to be the conduit for all of us in West Quantoxhead, who for whatever reason, possibly a complaint or a suggestion for improvement of medical services or to bring to notice an outstanding contribution from any of the medical staff. Do let them know and they will not only address any issue you want to raise but ensure you receive some feedback.

## COFFEE MORNING

### EAST QUANTOXHEAD VILLAGE HALL

#### 'Breakfast and Bric a Brac'

Saturday 20<sup>th</sup> July 10 til 12 Come and join us for breakfast sausage and egg bap, Tea and Coffee, Bric a brac

## HOLFORD GARDENERS GROUP

Holford Gardeners Group are running a Coach Garden Visit for 2024 Some Spaces left and open to non-members. Thursday August 8th Forde Abbey Nr Chard Pick up Holford Village Hall 9.30 am Coach and garden entrance fee for each trip non-members £20.00 members £10.00 To book your place email: [holfordgardeners@yahoo.com](mailto:holfordgardeners@yahoo.com)

## VILLAGE HALL

The Village Hall is a valuable asset, but it is under used at present, especially on Fridays and at weekends.

If you are looking for a venue for a family celebration or get-together, or thinking of starting up a new activity, then please consider hiring your Hall.

We have an excellent Table Tennis Table and a 6' Snooker/Pool Table.

The hire charges are only £3 per hour for villagers and £5 per hour for non-villagers, but please note there is a minimum hire charge of 2 hours.

To make a booking please contact Mark Philipson on 01984 631947.

## From the editor

As some of you are aware, I have been suffering with health issues. I apologise if there are delays in the production of The Staple Diet. Thank you all for your patience.

### Please note new telephone number

Copy date for August's Newsletter 20<sup>th</sup> July

email: [wqnewsletter@yahoo.com](mailto:wqnewsletter@yahoo.com). Phone 01984 568742