# STAPLE DIET

No. 175 April 2024

(The WestQuantoxheadVillage Newsletter)
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# SERVICES AT ST ETHELDREDA'S CHURCH ST ETHELDREDA'S CHURCH

7<sup>th</sup> April Communion 9.30 Richard Allen

14<sup>th</sup> April All Age Worship at 9.30 with Nicky Morgan

21<sup>st</sup> April Benefice Communion at 10.30 at

STOGUMBER with Nicky Morgan

28<sup>th</sup> April Communion at 9.30 with Nicky Morgan

May 5<sup>th</sup> Communion with Mark Haslam

May 9<sup>th</sup> APCM

#### **PARISH COUNCIL**

Parish Council Meetings:

3<sup>rd</sup>July, 4<sup>th</sup> September and 6<sup>th</sup> November 2024 7.30pm in the Village Hall. Everyone is welcome to attend, come and see what we do.

### **PARISH ASSEMBLY**

Our Parish Assembly is on 15<sup>th</sup> May at 7.30pm in the Village Hall. Atwest will be giving a presentation. All Welcome.

#### **VILLAGE COMMUNITY GROUP**

On Wednesday April 10th at 2.15 pm. We will meet in St. Audries Village Hall for tea, chat and ideas for the summer. All welcome.

### **KENN'S WEATHER REPORT**

Very much another rainy month!
Rainfall 209 mm with 30 mm on the 18th.
(Feb. 23 total rain recorded 4 mm)
Average 8 am temperature for month 4.9c.
Recordable Sunshine on 7 days
Max recorded wind on 6/7th of 28 mph.
Frost on 27th.



#### **POETRY GROUP**

We will be meeting at 2.30 pm. on Thursday, 29th February, at Lark Rise, Weacombe Road, and the topic will be "Happiness". Please note the revised time. New readers will be made welcome. For further information please contact Joyce Baxter 01984 633537.

### **COFFEE MORNING AT ST. AUDRIES VILLAGE HALL**

Because many people in the village like to go to the Kilve Antiques Fair (always held on Easter Monday) which this year is the first Monday in the month, we have decided to put back the monthly coffee morning to Monday 8th April. As usual it will be from 10.30 am until around midday - just turn up for a friendly chat with fellow villagers and some coffee or tea, each at £1 per cup, but the biscuits are free. There are usually a good number, but new faces are always welcome. Contact Sue Sanders 632759 or Isobel Newton 632774.

#### **VILLAGE SKITTLES**

Wednesday 17th April will be the date for our next Skittles Lunch at The Valiant Soldier, Roadwater. As usual we meet in the Bar at about 11.30 am, make our lunchtime selection (if desired but not compulsory) over a drink of coffee, soft drink or alcohol) and from about midday until 1.00 pm lunchtime, spend a fun hour bowling. No previous knowledge of Skittles required just bring along your sense of humour. Hope to see some new faces. Contact Mike or Sue Sanders on 632759 - couldn't be simpler to join in.

#### **CRAFT GROUP**

Craft Group meets on Tuesdays 2 to 4.30 in the village hall. £2 per session including tea, cake & biscuits. We all have a mixture of crafts, ranging from Patchwork, Quilting, Crochet, Knitting, Stitching & Crystal card making and many more.

New members are always welcome come in and meet us or phone/email June on 01984-632410.

June.Bissell@BTInternet.com or Jenny 01984-633556

#### POETRY GROUP

Will be held on Thursday 28th March at 2.0 pm when we will read poems about Easter. For further information please contact Joyce Baxter on 01984 633537.

April's meeting will be held on Thursday, 25th at 2.30 pm. at Oakhill, Weacombe Road, West Quantoxhead when the topic will be "Spring".

#### ST AUDRIES CHURCH

Help St Audries Church by raising FREE donations with your online shopping. Simply sign up to 'Easyfundraising' using the web address below, and our Church will receive a donation every time you buy something online at NO COST to you and totally anonymous.

www.easyfundraising.org.uk/causes/staudrieswqh
There are over 8,000 brands including big names such as
Amazon, John Lewis, Tesco and so many more.

#### ST. AUDRIES ART GROUP

The Art Group meet every Wednesday in the Village Hall from 10am until 12.30pm. New Members are very welcome - if you would like to know more about us please contact Maureen on 01984 632575 or Pat on 01984 632729.

#### VILLAGE AGENT

Your nearest Talking Café is: Williton Pavilion every Tuesday 1-3 pm. Please contact your local Village Agent Izzy Silvester on 07931 018045 or email izzy@somersetrcc.org.uk if you need free help and confidential advice

# PATIENT PARTICIPATION GROUP (PPG) PLEASE NOTE AMENDED EMAIL ADDRESS

Phil and Mike Keenan from Keepers Find in Staple Lane 01984 634731 <a href="mailto:mikejkeenan@btinternet.com">mikejkeenan@btinternet.com</a> are both members of the PPG at the Medical Centre in Williton. Their role is to be the conduit for all of us in West Quantoxhead, who for whatever reason, possibly a complaint or a suggestion for improvement of medical services or to bring to notice an outstanding contribution from any of the medical staff. Do let them know and they will not only address any issue you want to raise but ensure you receive some feedback.

# COFFEE MORNING EAST QUANTOXHEAD VILLAGE HALL

COFFEE MORNING

SATURDAY April 20<sup>TH</sup>

10am till 12 noon Café Bric-a-Brac, Books & DVDs

#### **HOLFORD GARDENERS GROUP**

Tuesday April 16<sup>th</sup> 7.30 pm

Holford and District Village Hall 'Future of Wildlife Conservation in UK'
A Talk by Chris Sperring - Hawk and Owl Trust
Members £1.00 Visitors £2.00

#### **HELP NEEDED 2 HOURS**

a month

Can you volunteer to help look after our beautiful historic church in East Quantoxhead?

We need help with the pews, brass and floors
Join our friendly caring team.

Contact Rod Higginson or more information
m.07375 508028

#### D-DAY LANDINGS DISPLAY

Following the success of the Floral Cascade, we would like to ask all villagers to join us in creating a D-Day Landings display. We have started the outline and are looking for "servicemen" re-created in wool, fabric or any other craft medium to attach to a fabric background. So, for example, a knitted sailor, sewn airman or beaded soldier would be welcomed. We hope to see a wide variety of servicemen and ask that they be made no bigger than approximately 6" / 15cm high. Our next get together will be Wednesday 20th March, 6.30pm in the village hall but please do work at home on your own as well! More details: Annabel 07715 664799 or Penny 07595071680

## **BROAD OAK RETREAT**

Broad Oak Retreat is a home from home for your four legged family members at the foot of the Quantock Hills. Where you can go away with piece of mind and know that your cherished family member(s) will be enjoying love cuddles and exercise on their very own holiday whilst you enjoy yours!

Personalised Care.
Collection and Drop Off Service.
Trial and Familiarisation Sessions
Certified in Canine First Aid

Higher Standards 4 Star Licence Somerset County Council

Home Environment
Daily Photos and Video Updates
Robyn Jones 07712 401291
robyn@broadoaksdogretreat.co.uk

#### Please note new telephone number

Copy date for March's Newsletter 20<sup>th</sup> February email: wgnewsletter@yahoo.com. Phone 01984 568742