

STAPLE DIET

No.163 June 2023

(The West Quantoxhead Village Newsletter)

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SERVICES AT ST ETHELDREDA'S CHURCH ST ETHELDREDA'S CHURCH

June

4th Eucharist at 0930 with DB to be confirmed.

11th Eucharist at 0930 with SC to be confirmed.

18th Family Service at 0930 TBC

25th Eucharist 9.30 am NM

HELP NEEDED

Warmer weather is expected! Please would some kind person volunteer to give the two shabby wooden seats situated outside our Church a rub down and a new coat or two to restore them to their former glory. Please contact Jane 632268

KENN'S WEATHER REPORT

West Quantoxhead Weather report for April

Again April brought an assortment of Winter weather.

Maybe Spring will be Next Year.

Rainfall on 17 days with a total of 95 mm.

Frost on the 2nd.

Lightning over the sea on 24/25.

Temperature variation from 1.5c to 16.3c.

Wind to storm force on the 12th

Wind came from all points of the compass and averaged 13.2 at midday.

ST. AUDRIES W.I.

The next Meeting is an OPEN MEETING

on Wednesday June 14th at 2.15 pm

in St. Audries Village Hall

Speaker: - Neil Clarke " Starlings on the Levels "

Competition: - An item beginning with " L"

A warm welcome awaits you.

COFFEE MORNING AT ST. AUDRIE'S VILLAGE HALL

The next coffee morning will be held on Monday 5th June (the first of several special days this month!) from 10.30 am to about mid-day. All are welcome, there is no need to book, just turn up for a good chat and some coffee which is £1 per cup, the biscuits are free! There are usually quite a good number of villagers but new faces are always welcome. Contact Sue Sanders 632759 or Isobel Newton 632274.

KI AIKIDO CLASSES

Ki Aikido Classes take place in the Village Hall every Tuesday between 6 to 8 pm. Aikido self-defence exercises are non combative. Wear loose clothing - track suits or Gi. For more information, please ring or text Sensei Bob on 07562 322889. Facebook: west somerset shinpiizumi aikido. Even if this is not for you please pass on the details to family and friends who may be interested.

CRAFT GROUP

Craft Group meet on Tuesday 2 to 4.30 in the village hall. £2 per session.

We have a mixture of crafts, Patchwork, Quilting, Crochet, Knitting, Stitching & Crystal card making and many more.

The group enjoyed a full day Macrame workshop last month and are now looking forward to our Summer outing in August. New members would be very welcome.

Phone June on 01984 632410.

Email June.Bissell@BTInternet.com

FIREWORK DISPLAYS

Date: Monday 29th May - Set Off Time: 9.45pm -
Duration: 5 minutes

ST. AUDRIES ART GROUP

Meets every Wednesday in the Village Hall from 10 am until 12.30. New Members are very welcome - if you would like to know more about us please contact Maureen on 01984 632575 or Pat on 01984 632729.



POETRY GROUP

Thursday June 1st at 2.30 pm. at Ferndale, The Avenue (Daphne Wheeler) with the topic Kings and Queens in prose or as poetry.

Thursday, June 29th at 2.30 pm at Applegarth, Staple Lane (Joyce Baxter) with the topic of Summer / (Sunshine)

EAST QUANTOXHEAD COFFEE MORNING

East Quantoxhead Village Hall
Saturday June 17th 10-12md
Café/Books/DVDs2)

HOLFORD GARDENERS GROUP

Tuesday 20th June 7.30pm at Holford and District Village Hall

'Why do we have Botanic Gardens?'
A Talk by Ann Brake
Members £1.00 Visitors £2.00

FLOWER SHOW

AUGUST 5TH 2-4PM
Holford and District Village Hall
Open to All
For details and entry forms
www.holfordvillage.com
or-01278 741173

OPEN GARDENS

Court House Gardens East Quantoxhead
May 28th 2-5pm
Teas available at E.Q. Village Hall

ROAD CLOSURES

Temporary Road Closure: Williton To Bridgwater Road,
Putsham Hill, Main Road, Kilve
Reference: SWT02/0523 - SD007519 - A39 Putsham Hill

Please be aware that we have received notification of a temporary road closure at Williton To Bridgwater Road, Putsham Hill, Main Road, Kilve CP for approximately 607 metres, which will commence on 14th June 2023 and is expected to last until 16th June 2023 (between 07:30 to 8.00hrs). These works are for Somerset Highways to carry out surface dressing works, their works reference is LG210YFSD91364-01.

Date Change - Temporary Road Closure: Weacombe Road and Woolston Lane, Sampford Brett

Please be aware that we have received notification of a **date change** to a temporary road closure at **Woolston Lane & Weacombe Road** for approximately 547 metres.

The new date for the works to commence is **22nd May 2023** and is expected to last until **31st May 2023** between the hours of **00:00 - 23:59**. These works are for Airband to carry out works for cabling and splicing and pole installation.

WEST SOMERSET CARING FOR CARERS EVENT SATURDAY THE 10TH OF JUNE 2- 4 AT WILLITON PAVILLION

Organisations and volunteers are invited by Somerset Carers Service to participate in an event for those members of our community who devote their time to supporting others. It will be held during National Carers Week.

The event will be held at Williton Pavilion on Saturday 10th June, from 2pm to 4pm.

It aims to provide Carers with information on the support services available to them; an opportunity to meet with other Carers; and a chance to take part in fun interactive demonstrations and features.

Come and meet West Somerset Village Agents, West Somerset Advice Bureau, Somerset Carers service, Age UK, Community transport volunteers, Mind, Dementia Alliance group, Health Coaches and the Living Better team.

There are plenty of other free activities provided by volunteers who are local professionals:

- Julie Bolton offering free taster chair yoga sessions and tai chi
- Clara Mann and Jodi are offering head massage, free hairstyling ideas and hair treats
- Emma McCarva is offering mini manicures
- Artists Cecelia Leete and Lynne Barlow are running a bookmarks and gift tags workshop for things to take away
- Caroline Bradbury (artist) is making hand-printed cards and plates for attendees
- Alison Courtney (acupuncturist) is offering free advice and self-care tips

Relaxing music on the day will be provided by Watchet's Dave Buckley.

Foxes Academy will provide a free cream tea during the event.

The organisers hope this will be an informal, interactive and enjoyable opportunity for visitors. Remember, entry and all activities are completely free of charge.

Anyone struggling with transport to get to the event please phone the C.C.S main helpline on 01823 331222.

For more help and support or information about this event please contact either Izzy Silvester on 07931 018045 izzy@somersetccc.org.uk or Steve Grice on 07958 [415270/stepheng@somersetccc.org.uk](mailto:415270@stepheng@somersetccc.org.uk)

Please note new telephone number

Copy date for July's Newsletter 20th June

email: wqnewsletter@yahoo.com. Phone 01984 568742