

STAPLE DIET

No. 161 April 2023

(The West Quantoxhead Village Newsletter)

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SERVICES AT ST ETHELDREDA'S CHURCH

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2 nd April	Eucharist with SC	9.30am
9 th April	Eucharist with NM	9.30am
16 th April	Family Service SB	9.30am
30 th April	Eucharist with NM	10.00am

ADVANCE NOTICE EASTER DECORATING

SATURDAY APRIL 8TH

Easter will soon be with us and we will be decorating our Church on Saturday 8th April. Anyone who would like to have flowers arranged in memory of a loved one or wishes to join us to do an arrangement on the morning of April 8th will be most welcome.

Please contact Jane on 01984 632268.

KENN'S WEATHER REPORT

West Quantoxhead Weather report for February

A very mild February with only 3 mornings with minus temperature.

The most noticeable condition was the lack of rain.

Rain; 4 mm.

Wind; gusty on 17/18th up to 30 mph. The whole month was breezy.

Sunshine; at least 1 hour on 19 days.

ST AUDRIES WI

The next Meeting is on April 12^t at 2.15 pm

In St. Audries Village Hall

Speaker:- Mark Woodcock

" Taunton Open Door "

Competition:- Item beginning with the letter " J "

A warm welcome awaits you

COFFEE MORNING AT ST. AUDRIES VILLAGE HALL

The first coffee morning of the New Year will be held on Monday 3rd April from 10.30 am to about mid-day. All are welcome, there is no need to book, just turn up for a chat and some coffee which is £1 per cup, the biscuits are free! We look forward to seeing a few new faces.

Contact Sue Sanders 632759 or Isobel Newton 632274.

KI AIKIDO CLASSES

Ki Aikido Classes take place in the Village Hall every Tuesday between 6 to 8 pm. Aikido self-defence exercises are non combative. Wear loose clothing - track suits or Gi. For more information, please ring or text Sensei Bob on 07562 322889. Facebook: west somerset shinpiizumi aikido. Even if this is not for you please pass on the details to family and friends who may be interested.

CRAFT GROUP

Craft Group meet every Tuesday.

Craft Group meet on Tuesday 2 to 4.30 in the village hall. £2 per session. We have a mixture of crafts, Patchwork, Quilting, Crochet, Knitting, Stitching & Crystal card making and many more.

Phone June on 01984 632410.

ST. AUDRIES ART GROUP

Meets every Wednesday in the Village Hall from 10 am until 12.30. New Members are very welcome - if you would like to know more about us please contact Maureen on 01984 632575 or Pat on 01984 632729.

LOCAL BANKING AT THE POST OFFICE

With the closure of Lloyds Bank in Williton, please do not think that you must travel to Taunton, Minehead or Bridgwater for banking. At the Post Office you can, pay in cash and cheques, withdraw money, check your balance. All you need is your debit card, paying in book, and a branded envelope to pay in cheques – supplied free by the Post Office. You can do all this during Post Office opening hours - which are far more convenient than the banks! Finally, this applies to **all** the main banks - not just Lloyds. If in doubt, please ask - they will be happy to help you.

POETRY GROUP

Meeting on Thursday 27th April at 2.30 pm at Lark Rise, Weacombe Road, topic: "Occupations".

EAST QUANTOXHEAD COFFEE MORNING

E.Q. VILLAGE HALL
East Quantoxhead Village Hall
Sat. April 15th 10-12md
Café/Bric-brac/Books/Dvds

HOLFORD GARDENERS GROUP

Holford and District Village Hall
April 18th 7.30 Holford and District Village Hall
'Bishops Garden, Wells' a talk by James Cross
Members £1.00 Visitors £2.00. All welcome
For details re membership contact 01278 741173

RIDDLER'S FREE BUS SERVICE TO SAINSBURYS

Riddlers provide a free bus service to Sainsbury's Bridgwater every Thursday. Departs from bus stop by Village Hall at 10.38am, arrives Sainsbury's at 11.25am and departs from Sainsbury's at 13.25. If you plan to use this service they suggest you call a few days before 01398 323398 to ensure the driver stops at the bus stop.

'BUS IT' BONUS as £2 single bus fare in Somerset is extended to the summer bus users in Somerset can now travel on most routes in the county and beyond for just £2 until July.

The major fare cut is part of a national initiative funded by the Government aimed at boosting bus use while helping passengers to save money. It was introduced in January and was originally due to end on 31 March. Now thanks to further funding it will continue for an extra three months, until 30 June. It's welcome news for people in Somerset as the cost of living crisis continues to bite, fuelled in part by high petrol and diesel prices. The £2 single fare is available from all participating operators, which includes Somerset County Council. The initiative will apply to the majority of routes in Somerset until 30 June. You can check here <https://www.somerset.gov.uk/busit> to see which operators are involved in the scheme. It's worth remembering that the initiative applies to cross-county services, which means for example you can travel from Street to Bristol for just £2. Somerset County Council and the Somerset Bus Partnership have launched the 'Bus It' campaign to encourage more people to use bus services at a time when some routes are under threat due to lack of use. It's hoped the new £2 fare will provide a major boost to patronage and support these aims.



Could you help get people to crucial medical appointments? Volunteer drivers needed Urgently across Somerset

To find out more about the role and apply, please visit: <https://volunteering.somerset.gov.uk/drive/>

Alternatively, you can email Volunteers@somerset.gov.uk or call **01823 359200** to make a difference in your community.

PRESS RELEASE: CARING FOR CARERSCAN YOU HELP BY OFFERING A WELL BEING TREATMENT TO A CARER? OR OFFER SOMETHING FOR A RAFFLE OR GOODY BAG?

ORGANISATIONS and individuals are being invited by Somerset Carers Service to participate in an event for those members of our community who devote their time to supporting others, during National Carers Week in June.

The event will be held at Williton Pavilion on Saturday 10 June, from 2pm to 4pm.

It aims to provide Carers with goody bags and information on support services available to them, an opportunity to meet with other Carers, and to take part in interactive demonstrations and features.

Organisations interested in taking part and anyone who can provide interactive demonstrations are welcome to participate. To book your place please contact PPG chair Dr Elizabeth Grigg on 01278 741645 or 07765 994013 or email grigg.84@btinternet.com, or Dr Jane Armstrong at jcb773737@outlook.com.

FLOWER SHOW

AUGUST 5TH 2-4PM
Holford and District Village Hall
Open to All
For details and entry forms
www.holfordvillage.com
or-01278 741173

OPEN GARDENS

Court House Gardens East Quantoxhead
May 28th 2-5pm
Teas available at E.Q. Village Hall

HOLFORD GARDENERS GROUP PLANT SALE

May 20th 10-1pm Holford and District Village Hall

Please note new telephone number

Copy date for May's Newsletter 20th April

email: wqnewsletter@yahoo.com. Phone 01984 568742