

STAPLE DIET

No. 159 February 2023

(The West Quantoxhead Village Newsletter)

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SERVICES AT ST ETHELDREDA'S CHURCH

February

5th 9.30am Eucharist with NM

12th 9.30am Eucharist with DB

19th 9.30am Family Service with NM

22nd Ash Wednesday there will be an online service at 10am. An actual service will be planned somewhere later in the day.

26th 10.30am Benefice Eucharist with NM and others at HOLFORD

ST ETHELDREDA'S CHURCH

We would like to say a big thank you to Wibble nursery for the lovely Christmas tree they gave to the church.

It was much admired during many Christmas events-
THANK YOU WIBBLE.

CHURCH FLOWER AND CLEANING ROTA

The time has come to plan the Church Flower and Cleaning Rotas for 2023 -2024.

We are desperate for more volunteers to come forward to help take care of our Church, to keep it clean and beautiful for both ourselves and our many visitors.

If you have time to spare to spend a couple of hours, three or four times a year to provide and arrange flowers or clean, please join us, Contact Jane on 632268 or email SeaFurlong@aol.com.

PLEASE HELP CARE FOR THE WONDERFUL BUILDING WE HAVE IN OUR VILLAGE, IT IS THERE FOR US ALL.



KENN'S WEATHER REPORT

West Quantoxhead Weather report for December

Rainfall 117 mm all in the second half of the month

Snow less than 5 mm 10/11th Dec.

Recordable sunshine on 7 days

Fog on the 1st /2nd

Temp. -6 c on the 16th. 7 days with -0 c at times.

Wind gale force on 28th.

The weather during 2022.

Rainfall a total of 955.5 mm

Sunshine on 281 days.

Average 8am temperature 8.7 c.

Highest temperature 17th July 36.2c

Second highest 19th July 35.5 c

Gales more than usual.

ST AUDRIES WI

The next Meeting is on February 8th
in The Village Hall at 2.15 pm

Speaker :- Lottie Dale

Treading the Wards

Competition Item beginning with H
All Welcome

COFFEE MORNING AT ST. AUDRIES VILLAGE HALL

The first coffee morning of the New Year will be held on Monday 6th February from 10.30 am to about mid-day.

All are welcome, there is no need to book, just turn up for a chat and some coffee which is £1 per cup, the biscuits are free! We look forward to seeing a few new faces.

Contact Sue Sanders 632759 or Isobel Newton 632274.

NEW YEAR'S DAY 'BACON BUTTY EVENT'

Our grateful thanks to all who joined us on the 1st of January for a very successful and enjoyable event. Although it is not our intention to make a profit from the occasion it is pleasing to report that after deducting costs, we were able to send a cheque for £110 to the Dorset and Somerset Air Ambulance. Hopefully the event will be held again in 2024 - perhaps by a younger team? If you are interested in helping, please get in contact with Mike Sanders 632759, Ken Rowland 633612 or Richard Hughes 634714.

CRAFT GROUP

Craft Group meet every Tuesday.

Everyone Welcome 2pm to 4pm

£2 per session. We have a mixture of crafts in the group eg patchwork, quilting, crochet, knitting, mosaic, cross-stitch and many more.

Please phone if you have any questions 632410.

ST. AUDRIES ART GROUP

Meets every Wednesday in the Village Hall from 10 am until 12.30. New Members are very welcome - if you would like to know more about us please contact Maureen on 01984 632575 or Pat on 01984 632729.



LOCAL BANKING AT THE POST OFFICE

With the closure of Lloyds Bank in Williton, please do not think that you must travel to Taunton, Minehead or Bridgwater for banking. At the Post Office you can, pay in cash and cheques, withdraw money, check your balance. All you need is your debit card, paying in book, and a branded envelope to pay in cheques – supplied free by the Post Office. You can do all this during Post Office opening hours - which are far more convenient than the banks! Finally, this applies to **all** the main banks - not just Lloyds. If in doubt, please ask - they will be happy to help you.

EAST QUANTOXHEAD COFFEE MORNING

E.Q. VILLAGE HALL
February 16th 10-12md
CAFÉ
TOMBOLA
Books / DVDs / CDs

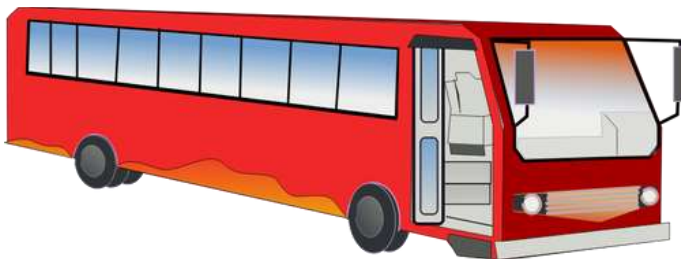
POETRY GROUP

January's meeting will be at Applegarth, Staple Lane, from 2.0 pm on Thursday 26th January, reading our favourite poems.

February 23rd at 2.0 pm. we will meet at Jenny Simson's, Weacombe Cottage - topic to be decided. For further information please ring Joyce on 01984 633537. Male readers, don't be shy!

RIDDLER'S FREE BUS SERVICE TO SAINSBURYS

Riddlers provide a free bus service to Sainsbury's Bridgwater every Thursday. Departs from bus stop by Village Hall at 10.38am, arrives Sainsbury's at 11.25am and departs from Sainsbury's at 13.25. If you plan to use this service they suggest you call a few days before 01398 323398 to ensure the driver stops at the bus stop.



THE WINDMILL INN VILLAGE LUNCH

February 16th Village Lunch
Please book

Main

Fillet Of Gurnard

With a horseradish crust and vermouth sauce, served with new potatoes and sauteed greens

OR

Breast of Chicken Wrapped in Prosciutto

Filled with smoked applewood cheese served with mushroom risotto

Dessert

Cherry and Almond Chocolate Brownie

Served with vanilla ice-cream OR Syrup Sponge
With custard

YOUR VILLAGE AGENT

Below are some practical solutions that can make a big difference quickly, or call me **Izzy Silvester**, your local Village Agent, **07931018045** or 01823 331 222 and I can connect you to the right services for you and help make this winter a little less harsh.

Somerset County Council Household Support Fund

This fund offers short-term urgent financial help to people in Somerset struggling to afford essentials such as buying food, paying for utility bills, or other items such as beds and white goods. It is an online application that I can help with if needed: <https://www.somerset.gov.uk/somerset-household-support-fund/>

Surviving Winter grants

CCS Village Agents distribute grants to older people struggling with their fuel bills or if they need to make their home warmer through small repairs and fixes.



Please note new telephone number

Copy date for February's Newsletter 20th January
email: wqnewsletter@yahoo.com. Phone 01984 568742