STAPLE DIET

No. 148 MARCH 2022

(The West Quantoxhead Village Newsletter)
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SERVICES AT ST ETHELDEDA'S CHURCH

Sunday 6th March 9.30am Eucharist NM
Sunday 13th March 9.30am Eucharist DB
Sunday 20th March 9.30am Family Service SC
Sunday 27th March 9.30am Benefice Eucharist at
HOLFORD

JUBILEE VILLAGE CELEBRATIONS JUNE 2022 JUBILEE FLOWER MAKING

Flower making will be Tuesday 1st March, 7-9 pm at the village hall. Please let us know via word of mouth or email about all children under 16 in the village. Better to have a list that is doubling up than missing children out. Email address is staudriesvillageevents@gmail.com Many more details about events in future Staple Diet.

KENN'S WEATHER REPORT

Weather report for January 2022

The month was warmer than normal with less rain. Recorded rain 58 mm.

11 days with at least 1 hour's sunshine.
The month started with a little snow on the 4/5th
Frost on 4 nights. Temperature ranged from -1c to +12c
A moderate/fresh wind on 17 days but no gales.
The 13th after an early frost was a near perfect day.
Kenn.

'ST ETHELDREDA'S FLOWER FESTIVAL' ADVANCE NOTICE

June 25^{th} and 26^{th} 10am till 4pm

The theme "Memorable Moments during the Reign of Queen Elizabeth". Now is the time to start sorting out information regarding Stalls etc , Photographs, Paintings, Drawings.

Enter your pictures and win a Prize.
Jane/Duncan Stafford 01984 632268
Kenn Everard 01984 633060 or any Church Member



JUBILEE VILLAGE DISPLAY

Thank you to all those who have responded to the request for photographs etc. We now have some good photographs showing how the Village has changed during the Queen's Reign, but there are still some gaps in certain areas of the Village. We are also trying to build a picture of when each house in the Village was built. If you have any information or photographs please contact Wendy Philipson on 01984 631947

ST.AUDRIES FLOWER FESTIVAL (25th and 26th June)

A MEETING TO PLAN THE FLOWER FESTIVAL will be held at the Village Hall on Friday March 11th at 2.30pm.

Please, all those interested in helping with the many and varied jobs such as stalls, refreshments, floral displays, stewarding, marquees, advertising, posters etc please come with your ideas and offers. Jane Stafford 01984 632268 or email SeaFurlong@aol.com
Our thanks

ST AUDRIES CRAFT GROUP

The group meets every Tuesday 2pm to 4.30pm in the village hall. £2 per session. We have a mixture of crafts in the group eg patchwork, quilting, crochet, knitting, mosaic, cross-stitch and many more.

Please phone if you have any questions or just turn up. June 632410

ST. AUDRIES ART GROUP

Meets every Wednesday in the Village Hall from 10 am until 12.30. New Members are very welcome - if you would like to know more about us please contact Maureen on 01984 632575 or Pat on 01984 632729.

COFFEE MORNING AT ST. AUDRIES VILLAGE HALL

There will be a Coffee Morning on Monday 7th March from 10.30am until Midday. As before the charge is £1 per cup - but the biscuits are free! We hope to see some of the old (as in familiar) faces and hopefully a few new ones. Sue and Isobel

POETRY GROUP

We will be meeting from 2.00pm on Thursday 24th March at Weacombe Cottage (home of Alan and Jenny Simson) to read poems about "Pets".

(Please note this month's change from last Thursday of the month!) New readers welcome. Please contact Joyce Baxter on 01984 633537.

MUSICAL TEA

East Quantoxhead Hall Saturday 12th March at 2.30pm. Weston Area Rock Choir
Tea and cake £4.00

FALKLANDS CONFLICT 40th ANNIVERSARY SATURDAY 2nd APRIL AT 2:30pm IN THE VILLAGE HALL

To mark the 40th Anniversary of the start of the Falklands Conflict, Neil Turner, a new resident of the Village and a Falklands Veteran, has kindly agreed to give a talk about this Conflict, and his experiences in particular. It promises to be a very informative afternoon, so please come along. Refreshments will be provided. For further information contact Mark Philipson on 01984 631947

EAST QUANTOXHEAD COFFEE MORNING

Café /Bric-brac/Books/Dvds Saturday March 19th 10-12md E.Q. Village Hall

HOLFORD GARDENERS GROUP

Holford and District Village Hall Tuesday March 15th 7.30

'The Art of Topiary'
A talk by James Crebbin-Bailey
Members £1.00 Visitors £2.00
All Welcome



CHARKRA DANCING AND MEDITATION

Chakra dancing and meditation classes beginning on March 9th at St. Audries village Hall, 7 - 8.30pm. Chakra dancing is a mindful excise, moving the body to rhythms that help us to focus on the different energy centres in the body. There are no steps to learn, all levels of fitness, and no dance experience necessary. It's all about listening to the body and moving around with intention at your own pace and energy level and having fun! The class includes guided creative meditation which is deeply relaxing. No booking required. Contact Sarah 07730367322 for more information.

WINDMILL VILLAGE LUNCH

Friday 18th March 12pm for 12:30pm @£15 per head. To book in call on 01984 633004 by Thursday 17th March

Mains

Slow Braised Beef Steak

with red wine, mushroom and baby onions served with colcannon mash and roasted vegetables.

Beer Battered Fish

served with chips, peas and tartare sauce

Desserts

Eton Mess Sundae

Crushed Meringue with mixed berries, vanilla ice cream and whipped cream

Salted Caramel Chocolate Torte

Served with cream

Ice Cream

Two scoops of Vanilla Ice Cream

RIDDLER'S FREE BUS SERVICE TO SAINSBURYS

Riddlers provide a free bus service to Sainsbury's Bridgwater. Every Thursday. Departs from bus stop by Village Hall at 10.38am, arrives Sainsbury's at 11.25am and departs from Sainsbury's at 13.25. If you plan to use this service they suggest you call a few days before 01398 323398 to ensure the driver stops at the bus stop.

Copy date for April's Newsletter 20th March email: wqnewsletter@yahoo.com. Phone 01984 633255