STAPLE DIET

No. 147 FEBRUARY 2022

(The West Quantoxhead Village Newsletter)
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SERVICES AT ETHELDREDA'S CHURCH

January 30th 10.30hrs Benefice Eucharist February 6th 0930 hrs 13th 0930 hrs 20th 09.30 hrs

27th 10.30 hrs Benefice Eucharist at Fiddiington

JUBILEE VILLAGE CELEBRATIONS JUNE 2022 JUBILEE FLOWER MAKING

Flower making will be Tuesday 1st February, 7-9 pm at the village hall. Please let us know via word of mouth or email about all children under 16 in the village. Better to have a list that is doubling up than missing children out. Email address is staudriesvillageevents@gmail.com Many more details about events in future Staple Diet.

KENN'S WEATHER REPORT West Quantoxhead for November

Here is the weather report:

Rainfall 30mm on the 26th. Total for month 88mm. Temperature started the month at the normal expected temperature and ended the month with possibly record temperature of 14.5c. Due to High pressure Stratus only 5 days with sunshine. Wind up to gale force on the 28th otherwise very much as normal.

WINDMILL VILLAGE LUNCH

Thursday 17th February 2022 12:00 for 12:30pm @ £15 per head. Please book.

Main Course

Pork Loin Steak with wholegrain mustard sauce, sauté potatoes and seasonal vegetables

Or

Baked Fillet of Sea Bream, barley and leeks and new potatoes.

Dessert

Chocolate Fudge Cake with Cream Or Bread & Butter Pudding and custard Or Ice Cream

JUBILEE VILLAGE DISPLAY

As part of the Village Celebrations for the Queen's Platinum Jubilee, it is hoped to show how the Village has changed during the Queen's Reign in photographs and maps in the Village Hall. Although we already have many photographs kindly loaned by Duncan Stafford, there are still numerous gaps around the Village. To help complete the picture, if you have any photographs — especially aerial ones, plans or maps of your house dated from 1952 onwards please consider loaning them to us or to be scanned. Wendy Philipson 01984 631947

ST AUDRIES CRAFT GROUP

Tuesday 2pm to 4.30pm in the village hall. £2 per session. We have a mixture of crafts in the group eg patchwork, quilting, crochet, knitting, mosaic, cross stitch and many more. Please phone if you have any questions or just turn up. June 632410

ST. AUDRIES ART GROUP

Meets every Wednesday in the Village Hall from 10 am until 12.30. New Members are very welcome - if you would like to know more about us please contact Maureen on 01984 632575 or Pat on 01984 632729.

COFFEE MORNING AT ST. AUDRIES VILLAGE HALL

There WILL be a Coffee Morning on Monday 7th February from 10.30am until Midday. As before the charge is £1 per cup - but the biscuits are free! We hope to see some of the old (as in familiar) faces and hopefully a few new ones. Sue and Isobel

ST. AUDRIES W.I.

Open Meeting on February 9th. at 2.15 pm in the Village Hall Speaker Margaret Cook " Cruise to Antarctica" Competition " A Winter Hat ".



POETRY GROUP

Meeting from 2.00pm on Thursday 24th February at Quarry Gate (home of Isobel Newton), The Avenue, when we will read poems about "Spring Flowers". Please contact Joyce Baxter for further information. Tel: 01984 633537.

CITIZENS ADVICE HOUSEHOLD SUPPORT FUND

The fund is being distributed by the Citizens Advice organisations in Somerset which are assisting Somerset County Council. To be eligible: You must live in the county of Somerset. You will be over the age of 16 and living independently of parents or carers. You are struggling to pay for essentials because you don't have enough money to pay for them You can provide the required proof of your identity, Somerset residency and proof of your income (the most recent, last month's, bank statement). We expect to receive a lot of applications and must process them all before the end of March 2022. The website form is available 24 hours a day, and by using this to make your application you will help us manage the scheme effectively. https://hsf.citizensadvicesomerset.org.uk/

IS 2022 YOUR YEAR TO VOLUNTEER?

The New Year is a great time to reflect and set ourselves new goals for the year ahead. If you are looking for a way to help others for your New Years' Resolution, why not try volunteering? All you need is a bit of spare time, lots of enthusiasm, and a will to help your community. Volunteering is a great way to get back out and involved in the community and has been shown to have significant mental and physical health benefits. It is good for meeting new people, learning new skills, gaining new experiences, and making memories. Somerset County Council offers a wide range of volunteer services so there is potentially something for everyone. For those who like getting outdoors there are roles with our Rights of Way team; if you want to support children and young people then a role with Route 1 advocacy may be for you. Other options include roles as school governors, minibus drivers, library volunteers, digital customer volunteers and lots more.

GET READY TO RECYCLE MORE

Coming to West Somerset from the end of February: Recycle more from your kerbside every week. Plastic pots, tubs and trays, food and drink cartons and Tetra packs, small electrical items such as kettles or toasters small household batteries. Look out for your Bright Blue Bag. Your rubbish bin will be collected every three weeks. Somersetwaste.gov.uk/recycle.

VILLAGE AGENT

It can be tough in the cold and dark months to get motivated to exercise - what do you do to Get Outside in Somerset?

For inspiration, why not visit

<u>www.getoutsideinsomerset.co.uk.</u> The site is packed with activities and ideas to help you to get outside. You can also join in the Facebook group where people from across Somerset share local tips and ideas! Go to

https://www.facebook.com/groups/531875827909 722 and take part in the chat!

RIDDLER'S FREE BUS SERVICE TO SAINSBURYS

Riddlers provide a free bus service to Sainsbury's Bridgwater.

Every Thursday. Departs from bus stop by Village Hall at 10.38am, arrives Sainsbury's at 11.25am and departs from Sainsbury's at 13.25. If you plan to use this service they suggest you call a few days before 01398 323398 to ensure the driver stops at the bus stop.

EAST QUANTOXHEAD VILLAGE HALL

Coffee Morning with Café and Bric-brac Saturday February 19th 10-12 md **E.Q. Village Hall**

HOLFORD GARDENENING GROUP

Holford and District Village Hall Tuesday Feb 15th 7.30pm 'Westonbirt School Gardens – the Holford Creation' A talk by Margie Hoffnung. Members £1.00 Visitors £2.00. All Welcome

Apologies for the delay in this month's copy. January is my busiest month of the year due to tax returns.

Copy date for March's Newsletter 20th February email: wqnewsletter@yahoo.com.
Phone 01984 633255

