

STAPLE DIET

No. 124 FEBRUARY 2020

(The West Quantoxhead Village Newsletter)

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ETHELDREDA'S CHURCH SERVICES

Sunday 2nd Feb 9.30am Eucharist with NM
Sunday 9th Feb 9.30am Eucharist with TS
Sunday 16th Feb 9.30am Family Service with NM
Sunday 23rd Feb 10.00am Benefice Eucharist NM
at EAST QUANTOXHEAD

NEW YEARS DAY BACON BUTTY EVENT

It was very gratifying to see so many villagers, friends and relations turn up at this annual event and obviously enjoy themselves. Whilst it is not our intent to make a profit any funds remaining after all costs have been paid are donated to charity and this year we have sent a cheque for £50 to the Dorset and Somerset Air Ambulance who as you know depend on contributions to perform their life saving work. Thanks for coming – hopefully we will be able to do it all again in 2021!

Mike Sanders 632759

WINDMILL INN LOCALS LUNCHES

The next monthly Locals Lunch should be held on the second Thursday of February i.e. 11th. It may be that the planned refurbishment will have started by then so that it may not be possible to hold the lunch but if it goes ahead the usual arrangements should apply – 12.30 pm for 1.00pm for two courses at £10 per person. Please call the Windmill on 633004 well ahead to make a booking and check on the latest situation. Mike Sanders 632759

ST.AUDRIES W.I.

The next Meeting is on February 12th.
at 2.15pm in St. Audries Village Hall

Speaker:- Peter Payne

" A Day in the Life of a Lock Keeper "

This is an Open Meeting followed by tea.

All Welcome

EAST QUANTOXHEAD VILLAGE HALL MARKET

Will open on Saturday 15th FEBRUARY, 10am till Noon. Scrummy bacon/sausage butties, coffee etc.

In aid of their Village Hall Roof Fund

KENN'S WEATHER REPORT

Weather for 2019

As recorded for 'MetLink' at West Quantoxhead.

December 2019

Rain 191 mm

2018 Dec

Rain 137 mm

2017 Dec

Rain 115 mm

Last three years records comparison.

Total Rainfall for 2019 **847 mm**

Total Rainfall for 2018 **757 mm**

Total Rainfall for 2017 **682 mm**

Average 8 am Temp.

Average Temp for 2019 **13.9c**

Average Temp for 2018 **13.1c**

Average Temp for 2017 **13.7c**

LENT LUNCH AT EAST QUANTOXHEAD

Come and enjoy a Lent Lunch of home-made soups etc in conjunction with East Quantoxhead at their Village Hall February 27th between 12 noon and 2pm. Fun, Friendship and Donations!!!!!!

FLOWER FESTIVAL PHOTO COMPETITION

THEME "BEAUTIFUL SOMERSET"

ARE YOU? taking Photographs of Beautiful Somerset

To enter at the village Flower Festival. June 20-21st.
More details nearer the date. Kenn Everard 633080

HELP - PLEASE.

Our beautiful Church attracts many visitors each year and we need to continue keeping it both spick and span and welcoming!

Sadly our volunteers are dwindling in numbers for Church Cleaning and Flower Arranging.

Anyone interested in joining the teams will be most welcome

Please Contact Jane Stafford 01984 632268

MARIE CURIE

Volunteers needed now for Marie Curie's Great Daffodil Appeal in Somerset
Mariecurie.org.uk/collect or 0117 9420 429
ring or Riona.houghton@mariecurie.org.uk or

POETRY GROUP

On Thursday 27th February we will meet at 2.0 pm at my home: Applegarth, Staple Lane when I invite you to bring along a selection of your Favourite Poems to read. Joyce Baxter Tel: 633537.

CRAFT GROUP

The craft group meet every Tuesday 2 to 4.30 in the village hall.

We have a mixture of crafts in the group patchwork, quilting, crochet, knitting, mosaic, cross-stitch and many more.

June Bissell 632410

SLIMMING WORLD

Slimming World groups running every Friday 5.30pm at St Audries Village Hall. Call Louise for more details and for other groups available in the area on 07960 173142

THE PROBUS CLUB OF THE QUANTOCKS

The Probus Club meets Tuesdays at the 'Windmill Inn' 10.30am for coffee and interesting talks on many subjects. On the second Tuesday of each month we meet later for a lunch meeting with wives/partners. New Members and Visitors always welcome. Information 633060 or 632653.

ST AUDRIES ART GROUP

St Audries Art Group meets in the Village Hall on Wednesday mornings from 10am until 12.30pm. If you are interested in joining us or just popping in to see what we do, please contact Pat or Maureen on 632729 or 632575.

ST AUDRIES VILLAGE HALL COMMITTEE

Following a meeting held on 15th January 2020 the following villagers were elected onto the Village Hall Committee following Stella Davey's retirement. Sue Sherry (Chairperson), Sue Sanders (Secretary), Wendy Philipson (Treasurer), Mark Philipson (Bookings' Secretary), and in alphabetical order, Martyn Capon, Annabelle Cottrell, Richard Hughes (Parish Council Rep.), Mike Sanders, Janet Sansom (W.I. Rep.) and Erica Tadd. For contact details these will be available on the Village Hall noticeboard."

PILATES

Held at West Quantoxhead Village Hall on Tuesday evening. For further details, please call Nathan on 07762 721 271 or email nathanpirt@iCloud.com.

COFFEE MORNING

The next coffee morning to be held in the Village Hall on Monday 17th February. All welcome.

NO FIREWORK DISPLAYS THIS MONTH

"FITFORMYFUTURE (NHS SOMERSETCCG)"

Have your say about proposals for changing acute inpatient mental health services for adults of working age

Health and care services in Somerset are running a public consultation to gather feedback from local people about the future locations of acute mental health beds for people of working age. The consultation runs until 12 April 2020.

An acute mental health ward is where patients are admitted to provide them with the level of treatment and support they need. This might be because they need further assessment, they need to be kept safe or they need more intensive support than can be provided at home.

Health and care services are considering changing the location of the acute mental health ward at Wells for people aged between 18 and 65 years and moving it to Yeovil. The number of beds will remain the same.

The reason for the proposed change is due to concerns about patients and staff safety. Two of the four wards for people aged between 18 and 65 years are located in Taunton, with one ward in both Yeovil and Wells. These two are 'standalone' wards which means they are not close to other wards, and one of them is also a long way from the nearest Emergency Department.

All other existing services at Priory Health Park in Wells will remain, whatever the outcome of the consultation, and community mental health services available to people in the Wells/Mendip area will be expanded and enhanced: this includes a Crisis Café. Health and care services would like to know what you think about their ideas. You can fill in the questionnaire here: <http://bit.ly/FFMF-Mental-Health-Consultation> You can read the full consultation document on their website

at www.fitformyfuture.org.uk or contact them by email somccg.fitformyfuture@nhs.net or telephone 01935 384119

Copy date for March's newsletter is 20th February. (Please mark for "Staple Diet" or "Newsletter").
Phone 01984 632268 or email: SeaFurlong@aol.com