# STAPLE DIET

No.91 JUNE 2017

(The West Quantoxhead Village Newsletter)
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## ST ETHELDREDA'S CHURCH

Sunday 4<sup>th</sup> June 09.30am Eucharist with NM Sunday 11<sup>th</sup> June 0 9.30am Eucharist with RA Sunday 18<sup>th</sup> June 09.30am Family Service with RA Sunday 25<sup>th</sup> June 10.00am Benefice Eucharist at

**EAST QUANTOXHEAD** 

# **WEST QUANTOXHEAD WALKING GROUP**

We had a lovely walk at the beginning of May around Withycombe Scruffits from Carhampton, (thank you Mike).

The next walk is on Thursday 1<sup>st</sup> June, meeting at 9.30am at the village hall. Optional pub lunch at the end. New walkers are always very welcome. For further details contact Dorothy and Keith Peat on 01509248105.



## **ST AUDRIES ART GROUP**

St Audries Art Group meets in the Village Hall on Wednesday mornings from 10am until 12.30pm. If you are interested in joining us or just popping in to see what we do, please contact Pat or Maureen on 632729 or 632575.

## **CRAFT GROUP**

Come and learn new craft skills over a cup of tea and a natter, or pass your craft ideas on to others. Every Tuesday in June in the village hall from 2pm to 4.30pm. June 632410

#### THE JUNE STAPLE DIET WILL BE A FEW DAYS LATE!

But hopefully before June 28th.

PLEASE VOTE ON LINE FOR US!

PLEASE ASK ALL YOUR FRIENDS TO, TOO!

WE NEED EVERY VOTE POSSIBLE FOR OUR

APPLICATION FOR A GRANT FROM THE CALOR

RURAL COMMUNITY FUND

Simply by registering and voting on line you can help the St. Audries Church PCC raise funds for the proposed toilet at St.Audries Church. We are so nearly there!! Please take just a few moments to do so between May 22nd and June 26th.

Enter the web site between <u>May 22nd and June 26th</u> on https://www.calor.co.uk/communityfund

Click on Login/Register. Click on Create your account: enter name, surname, email address, password, confirm password and tick terms and conditions.

Click *Register now*. Please use your allotted 10 votes and vote them for the:

'External work in order to install a Toilet Facility at St.Etheldreda's Church West Quantoxhead.'

To view the entry Click on *By Location* and then *Somerset*.

## **ST.ETHELDREDA'S SPRING CLEAN - WOW!**

The result of the 2017 Spring Clean is absolutely startling! It is so exceptionally good the Church has to be comparable to the day it was opened on October 17th 1856, it really is worth a visit.

We are very lucky to have such a stunning little Church, that we can all be proud of. Undoubtedly the dozen or more who so kindly gave their time and effort in the Church and up the tower this year have achieved an outstanding result.

Congratulations and a huge thank you from the Rector and PCC for the wonderful rejuvenation.

## **ST AUDRIES W.I.**

The next Meeting will be held on Wednesday June 14<sup>th</sup> at 2.15 pm in St. Audries Village Hall. The Speaker will be Robert Pinker "British Piers – Fun and Frivolity ". Competition an item beginning with " X ".

#### **QIGONG AND TAI CHI CLASSES**

Held on Mondays, apart from Bank Holidays, from 2pm until 3pm at St Audries Village Hall. Please come along if you fancy a bit of very gentle exercise. New members welcome. For more information please contact Jane Snell on 01984 634090.

#### WINDMILL LOCALS LUNCHES

As usual the monthly Locals Lunch will be held on the second Thursday of the month so the next one will be on 8<sup>th</sup> June. Arrangements are 12.30pm for 1.00pm for two courses at £10 per person with an option for tea or coffee to follow at extra cost. Please let Tony know a few days in advance on 633004 if you intend to come.

#### **TABLE TENNIS CLUB**

Just a reminder that the club meets in the village hall almost every Friday night at 7.00pm. The cost is a minimal £2 per person for the whole evening, including tea or coffee. There is an enthusiastic band of friendly regular players but new members of any ability are welcome to come and have a go – you will be made very welcome. Further details from Sue Sanders on 632759.



#### **APRIL'S 2017 RAINFALL IN WEST QUANTOXHEAD**

After 6mm on 1<sup>st</sup> April nothing except a dribble on the 15<sup>th</sup>, then on to the 26<sup>th</sup> with 3mm snow/hail and 2mm on the 29<sup>th</sup>. But on the 31<sup>st</sup> April evening and night it all changed with 26mm with an additional 8mm on the 1<sup>st</sup> May.

Total rainfall for April at West Quantoxhead 37 mm Total rainfall April last year 23 mm.

#### **LOCAL EVENTS**

The next **East Quantoxhead Market** will be held at their Village hall on Saturday June 17th between 10am and noon.

The next Sale at the St.John Ambulance Hall North Road Minehead will run from Friday 26th May, 10am - 4pm (daily) until noon on Thursday June 1st.

#### **THE PROBUS CLUB OF THE QUANTOCKS**

The Probus Club meets Tuesdays at the 'Windmill Inn' 10.30am for coffee and interesting talks on many subjects. On the second Tuesday of each month we meet later for a lunch meeting with wives/partners. New Members and Visitors always welcome. Information 633060 or 632653

## **MONTHLY COFFEE MORNING**

Our next Coffee Morning will be on Monday 19<sup>th</sup> June 10.30am to noon. Come along for a chat and get together over a cup of tea or coffee.

#### **POETRY**

Thursday, 29<sup>th</sup> June at 2.30 pm, at Jenny Simpson's, Weacombe Gate, with the topic "Summer". New readers welcome. Please contact Joyce on 01984 633537.



#### **SWIMMING?**

Would you like to attend a regular swimming session at St Audries Pool but need the hoist in order to get in the pool?

I am very keen on helping to set up at least one swimming session per week for local people who require the use of the hoist at St Audries pool. I already have two local people who are interested.

The pool would need to be hired on a weekly basis (which would mean you would not have to take out membership of the pool). I need at least 7 people to make the session financially viable as the pool hire is £35 per hour. The session would also need two volunteers to come along each week to help, as the hoist needs two people to operate it. The volunteers could be on a rota so that the commitment would not be too demanding. The sessions proposed would be for one hour, every week, on a Monday. We can choose when we run the session as long as it's between 12.30 and 3.00.

Please contact Izzy on the number below if you are interested.

If you are finding life a bit hard going at the moment, I may be able to help.

Please phone me: Izzy silvester, your village agent on 07931 018045, leave me your name and number and I will ring you back.

Or email me on izzy@somerset.rcc.org.uk

I only work part-time so it may take a day or two for me to return your call

Copy date for July's newsletter is 20<sup>th</sup> June. (Please mark for "Staple Diet" or "Newsletter"). Phone 01984 632268 or email: SeaFurlong@aol.com