

STAPLE DIET

No.90 MAY 2017

(The West Quantoxhead Village Newsletter)

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ST ETHELDREDA'S CHURCH

Sunday 7th May 9.30am Eucharist with AFT
Sunday 4th May 9.30am Eucharist with SC
Sunday 21st May 9.30am Family Service with NM
Sunday 28th May 10.00am Benefice Eucharist at
HOLFORD with NM & AFT

CHURCH SPRING CLEAN REMINDER

*Please don't forget to come on May 17th and 18th,
9am onwards.*

HUGE THANKS AGAIN

From our Rector and PCC to all involved for the wonderful flowers arranged for Easter.

WEST QUANTOXHEAD WALKING GROUP

The weather was very kind to us again for our April walk from Holford via Alfoxton to Bicknoller Post and return down Lady's Edge and along Hodder's Combe. The next walk will be on Thursday 4th May (local election day so maybe allow time to vote first!) meeting at 9.30am at the village hall. Optional pub lunch at the end; new walkers are always welcome. For further details on this occasion contact Mike Sanders on 632759.

ST AUDRIES ART GROUP

St Audries Art Group meets in the Village Hall on Wednesday mornings from 10am until 12.30pm. If you are interested in joining us or just popping in to see what we do, please contact Pat or Maureen on 632729 or 632575.



COACH TRIP TO BARNSTAPLE

A coach trip with Ridlers is being organised on Friday June 2nd to Barnstaple. Seats are available @ £5 per person. Further details from Duncan or Jane Stafford. 632268.

CRAFT GROUP

Come and learn new craft skills over a cup of tea and a natter, or pass your craft ideas on to others. Every Tuesday in June in the village hall from 2pm to 4.30pm. June 632410

QIGONG AND TAI CHI CLASSES

Held on Mondays, apart from Bank Holidays, from 2pm until 3pm at St Audries Village Hall. Please come along if you fancy a bit of very gentle exercise. New members welcome. For more information please contact Jane Snell on 01984 634090.

VILLAGE HALL COMMITTEE NEWS

A reminder to anyone who would like to attend our next meeting or wants something discussed. The next meeting is on Wednesday 24th May at 7.30 pm. As our committee is small we would welcome anyone who wishes to join us. The main function of the committee is to maintain the Hall for the use of villagers. We organize one fund raising function, the Christmas Bazaar.

Richard Hughes 01984 634714

WANTED - YOUR VOTES - ON LINE!

Please Vote on line between May 22nd and June 26th and help "our Toilet flush!"

Please help our PCC win a £5,000 prize from the CALOR RURAL COMMUNITY FUND by registering and voting for our St.Etheldreda's Church toilet.

Please enlist the help of your UK friends and your friends' UK friends to simply vote for the project on line at communityfund@calor.co.uk between 22nd May and 27th June.

Each registered voter is awarded 10 votes, so please use them for St.Audries!

ST AUDRIES W.I.

WI AGM, on Wednesday 10th May starting at 2.15pm at the St. Audries Village Hall. The competition letter is "W".

Don't forget the Jumble Sale at Old Cleeve starting at 11am on May 6th.

MARCH'S 2017 RAINFALL IN WEST QUANTOXHEAD

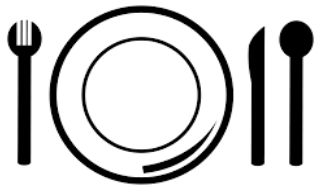
Rainfall in West Quantoxhead for March 2017 was 64mm and last year 74mm.

TABLE TENNIS CLUB

Just a reminder that the club meets in the village hall almost every Friday night at 7.00pm. The cost is a minimal £2 per person for the whole evening, including tea or coffee. There is an enthusiastic band of friendly regular players but new members of any ability are welcome to come and have a go – you will be made very welcome. Further details from Sue Sanders on 632759.

WINDMILL LOCALS LUNCHES

As usual the monthly Locals Lunch will be held on the second Thursday of the month so the next one will be on 11th May. Arrangements are 12.30pm for 1.00pm for two courses at £10 per person with an option for tea or coffee to follow at extra cost. Please let Tony know a few days in advance on 633004 if you intend to come.



PILATES

Held at West Quantoxhead Village Hall on Thursday mornings and Tuesday evening.

For further details, please call Nathan on 07762 721 271 or email nathanpirt@iCloud.com.

LOCAL EVENTS

The next **East Quantoxhead Village Market** will be held between 10am and noon on Saturday 20th May.

The next sale at the **St. John Ambulance HQ**, North Road, Minehead will be held between 10am and 4pm daily from May 26th until 1pm on June 1st.

THE PROBUS CLUB OF THE QUANTOCKS

The Probus Club meets on Tuesdays at the 'Windmill Inn' 10.30am for coffee and interesting talks on many subjects. On the second Tuesday of each month we meet later for a lunch meeting with wives/partners. New Members and Visitors always welcome. Information 633060 or 632653

MONTHLY COFFEE MORNING

Our next Coffee Morning will be on Monday 15th May 10.30am to noon. Come along for a chat and get together over a cup of tea or coffee.

ACWW WOMEN WALK THE WORLD, FRIDAY 28TH

APRIL AT 2.30 P.M. AT BLUE ANCHOR

If anybody would like to join the walk along Blue Anchor Sea Front please let Pam Tolley know. The Blue Anchor Inn (01984 640239) is happy to provide tea/coffee and cake at about 3.30 p.m. Their charge for tea is £2.00, they don't normally provide cake but are happy to get some in for our members so it would be good to be able to give them a rough idea of walkers.

Please make your own travel arrangements.

THE POUND IN YOUR POCKET IS CHANGING

Have you seen one of the new pound coins yet? You won't miss them – they are 12 sided like an old three penny bit (remember them? – I certainly do!) They are lighter than the current ones so shouldn't weigh your purse or pocket down quite as much. The bad news is you've only got until 15th October to change old pounds for new ones. You could spend them or give them to charity. Just be sure to empty them out of the jam jar you've been saving them up in for a rainy day. One chap I know is going to glue them into a groove round a coffee table top, yes really he is. I am sure it will look brilliant, but I can't help thinking that pennies would be a lot cheaper! After 15th October, you will be able to take them into your bank and get them changed, but probably only in bags of £20 ! The old fivers are also due to go the same way, on 5th May, after that - well, it's the long trudge to the bank again. New polymer £10 notes will start to circulate in the summer, with the £20 note following in 2020. Coin operated things like car park machines and supermarket trolleys are being adapted to take the new coins – let's hope they are all done by October!!



If you are finding life a bit hard going at the moment, I may be able to help. Please phone me Izzy Silvester your village agent on 07931 018045, leave me your name and number and I will ring you back, or e mail me on izzy@somersetccc.org.uk.

I do only work part-time so it may take a day or two for me to return your call.

Copy date for June's newsletter is 20th May.

(Please mark for "Staple Diet" or "Newsletter").
Phone 01984 632268 or email:
SeaFurlong@aol.com