

STAPLE DIET

No.89 APRIL 2017

(The West Quantoxhead Village Newsletter)

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ST ETHELDREDA'S CHURCH

Sunday 2nd April 09.30am Eucharist with SC
Sunday 9th April **PALM SUNDAY**, 10.00am Benefice Service
at **STRINGSTON** Team.
April 14th, **GOOD FRIDAY**, Noon-3pm, 3 hour vigil, come
and leave as you wish.
Sunday 16th April **EASTER DAY 05.30** informal celebration at
STOLFORD BEACH, refreshments afterwards.
Sunday 16th April **EASTER DAY** 10.00am, Eucharist, NM
Sunday 23rd April 09.30 Family Service with NM
Sunday 30th April 10.00am Benefice Eucharist at
KILVE COURT. Followed by Joint APCM (see below).

WEST QUANTOXHEAD WALKING GROUP

The weather was very kind to us for our March walk along the coast path from Kilve to Doniford.
The next walk will be on Thursday 6th April meeting at 9.30am at the village hall. Optional pub lunch at the end. New walkers are always welcome. For further details contact Keith and Dorothy 01984 248105.

ST AUDRIES ART GROUP

St Audries Art Group meets in the Village Hall on Wednesday mornings from 10am until 12.30pm. If you are interested in joining us or just popping in to see what we do. Contact Pat or Maureen on 632729 or 632575.

CRAFT GROUP

Come and learn new craft skills over a cup of tea and a natter, or pass your craft ideas on to others. Every Tuesday in April (EXCEPT FOR TUESDAY 25th) in the village hall from 2pm to 4.30pm. Contact June 632410

QIGONG AND TAI CHI CLASSES

Held on Mondays, apart from Bank Holidays, from 2pm until 3pm at St Audries Village Hall. Please come along if you fancy a bit of very gentle exercise. New members welcome as the class may close due to falling numbers.
For more information contact Jane Snell on 01984 634090.

WEST QUANTOXHEAD PARISH COUNCIL

The Annual Parish Assembly will be held on Wednesday 5th April 2017 at 7.30pm in the Village Hall. The meeting will receive reports from the Police (work commitments allowing), County & District Councillors, Village Agent, Quantock Hills AONB Ranger, Quantock Hills Area Ranger National Trust Ranger, Chairman of the Parish Council and representatives of village organisations. The evening will conclude with refreshments.

ST AUDRIES W.I.

The next WI meeting will be held on April 12th at the St Audries Village Hall starting at 2.15pm. The speaker will be Sharon Gould whose subject is 'East End to Essex.' Competition letter "V".

VILLAGE HALL COMMITTEE NEWS

The Hall is being well used, and it is encouraging that it is so well supported by the local community.
We have a small committee and are always looking for new members. Our next committee meeting is on Wednesday 24th May, if you are not sure what is involved anyone is welcome to attend the meeting. Richard Hughes 634714

POETRY GROUP

April - Please note we will be meeting at Lark Rise (Vicky Nash) on **Wednesday** 26th from 2.30 pm. when the topic will be "Woods and Trees."
May - Back to **Thursday** 25th from 2.30 pm. at Jenny Simpson's, Weacombe, with the topic 'Spring'.

ST PATRICK'S DAY SUPPER

Thank you to all those who supported and worked to make this evening such an enjoyable one. A cheque for £195.50 will be forwarded to the Dorset and Somerset Air Ambulance.

SPEND A SPECIAL EVENING WITH ANN BREEN AT ST AUDRIES BAY HOLIDAY CLUB SATURDAY 8TH APRIL AT 7.30PM

Listen to Ann sing her hits that will span 25 years, including her ever popular 'Pal of My Cradle Days'. Other memorable songs include: If Those Lips Could Only Speak, Medals for Mothers, The Old Rugged Cross and many more. Tickets are only £15 available from Barbara Feltham (01278 741 243) or St Audries Bay Holiday Club 01984 632515.

HELP!! We are SPRING CLEANING the CHURCH AGAIN

Please join us for as long as you can with brooms, vacuums, brushes, dustpans, dusters, polishers and lots of elbow grease after 9am on May 17th and 18th. Many hands and all that!!! Refreshments will be available. Contact Jane on 632268

EASTER MEMORIAL LILIES

Would anyone like to donate lilies or other flowers in memory of a loved one over Easter? Easter Decorating will be on April 15th. Please contact Jane on 632268

JOINT ANNUAL PAROCHIAL CHURCH MEETING 2017 (APCM)

On Sunday April 30th The Joint Annual Parochial Church Meeting will commence at 10am at Kilve Court. It will involve all the Quantock Coast Benefice Parishes. All are welcome to attend all or any part of the meeting. It will commence with a Eucharist Service before a coffee break and the APCM meeting starting at 11.30am. A buffet lunch by ticket only at a cost of £5 will follow at 1pm. Tickets available from Stella Davey 01984 639944 before 15th April

WINDMILL LOCALS LUNCHES

As usual the monthly Locals Lunch will be held on the second Thursday of the month so the next one will be on 13th April. Arrangements are 12.30pm for 1.00pm for two courses at £10 per person with an option for tea or coffee to follow at extra cost. Please let Tony know a few days in advance on 633004 if you intend to come.

THE PROBUS CLUB OF THE QUANTOCKS

The Probus Club meets Tuesdays at the 'Windmill Inn' 10.30am for coffee and interesting talks on many subjects. On the second Tuesday of each month we meet later for a lunch meeting with wives/partners. New Members and Visitors always welcome. Information 633060 or 632653

MONTHLY COFFEE MORNING

Our next Coffee Morning will be on Monday 17th April 10.30am to noon. Come along for a chat and get together over a cup of tea or coffee.

SPONSORED WALK

A big thank you to all who sponsored me and Ellie to walk around Wimbleball Lake in aid of St Margaret's Hospice on Sunday 26th February. We both completed the walk. There may be some who have not made their donation yet. Please settle as soon as possible. Many Thanks Kenn



ST.PATRICK'S DAY SUPPER



Over the years the village hall has been the venue for welcoming in each New Year, celebrating bringing in the harvest, Burns Night and even St Georges Day. On the 17th March it was the turn, probably for the first time, to celebrate St Patrick's Day. This was hosted by Joyce and Malcolm Baxter, very ably supported by a hard working team of volunteers (they know who they are!) who served up a marvellous Irish themed two course supper to all of us who were fortunate enough to have tickets. Musical entertainment was initially provided by a kilted piper (who finished on Scotland the Brave!) followed by the four piece Blackdown Hillbillies band who sang a very popular and rousing selection of mainly traditional Irish songs (frequently about drinking and women) but with a few non-Irish pieces thrown in. All in all a great evening and the hosts and everyone who helped are to be congratulated.

TABLE TENNIS CLUB

Just a reminder that the club meets in the village hall almost every Friday night at 7.00pm. The cost is a minimal £2 per person for the whole evening, including tea or coffee. There is an enthusiastic band of friendly regular players but new members of any ability are welcome to come and have a go – you will be made very welcome. Further details from Sue Sanders on 632759.

FEBRUARY'S 2017 RAINFALL IN WEST QUANTOXHEAD

Rainfall in West Quantoxhead for February was 58 mm with a very very small amount of snow. Last year I recorded 120mm of rain. Kenn

PILATES

Held at West Quantoxhead Village Hall on Thursday mornings and Tuesday evening. For further details, please call Nathan on 07762 721 271 or email nathanpirt@iCloud.com.

LOCAL EVENTS

The next **EAST QUANTOXHEAD MARKET** will be on April 15th in their Village Hall between 10am and noon

The next sale at the **ST.JOHN AMBULANCE HALL**, North Road, Minehead will be on April 13th from noon - 4pm, 10am-4pm 14th to 17th and 10am-noon on the 18th.

NEARLY NEW CLOTHES AND ACCESSORIES SALE

At Bicknoller Village Hall on Sat. 1st April, 10.30am until 3pm. Accessories to include Hats, Scarves, Shoes and Dress Jewellery, antiques, bric-a-brac and children's items. Raffle. Entrance £3 to include Coffee/Tea and Cake. Children free. Proceeds will be donated to Macmillan and Marie Curie.

EASTER APPEAL

At some point in our lives many of us have a need for a Religious occasion at a Church. Meanwhile we give little or even no thought about how the Church has been maintained in the past or towards its continuing existence in the future. We just take it for granted it will be there when our need arises and it will be there for our grand children and the generations to come. Just as our ancestors have passed 'their' Church to us we must surely accept the responsibility of maintaining and passing our Church on to future generations. We all grumble about its costs that regrettably always seem to escalate whilst support and funds continue to dwindle.

Did you know the Diocese demands its 'share' from each Church? Here at St. Audries we have to raise and subscribe almost £1000 each month to the 'share' before raising a further £500 to cover our own running costs, and that is quite apart from funding a toilet!!!!!!

Did you know that, sadly, two of our benefice Churches, Kilton and Doddington have already closed?

Please support the St.Etheldreda Easter Appeal as generously as you can.

BT Launches BT CALL PROTECT to stop Nuisance Calls!

Actions you can take to stop getting nuisance calls.

1, **If you use BT Call Protect or the 1571 service**, you will automatically get 1572 soon.

2, (**Talk Talk** offers a similar blocking system for landlines, and **Vodafone** operates one for mobiles)

3, **Register with the Telephone Preference Service (TPS)**

It's illegal for a company to call such registered numbers. It's a free and easy to register service. You'll need your phone number, postcode and an email address to sign up on the T. P. S website. Or by texting TPS and email address to 85095.

4, **Scams** usually involve people being tricked into giving money. If you think a caller is trying to run a scam, you should [report it to Actionfraud](#).

If possible, so these scammers can be brought to justice you should also report scam calls to the **ICO** <https://ico.org.uk/for-the-public/nuisance-calls/> IF YOU NEED MORE HELP RING THE

CITIZENS ADVICE CONSUMER HELPLINE ON 03454 04 05 06

If you are finding life a bit hard going at the moment, I may be able to help. Please phone me Izzy Silvester your village agent on 07931 018045, leave me your name and number and I will ring you back. Or e mail me on izzy@somerset.rcc.org.uk I do only work part-time so it may take a day or two for me to return your call. Thank you.

COPY DATE for May's newsletter is 20th April. (Please mark for "Staple Diet" or "Newsletter").

Phone 01984 632268 or email: SeaFurlong@aol.com