

# STAPLE DIET

No.87 FEBRUARY 2017

(The West Quantoxhead Village Newsletter)

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## ST ETHELDREDA'S CHURCH

Sunday 5<sup>th</sup> February 9.30am Eucharist with AFT

Sunday 12<sup>th</sup> February 9.30am Eucharist with DB

Sunday 19<sup>th</sup> February 9.30am Family Service with NM

Sunday 26<sup>th</sup> February 10.00am Benefice Eucharist at  
**FIDDINGTON**

## WEST QUANTOXHEAD WALKING GROUP

The next walk will be on Thursday 2<sup>nd</sup> February meeting 9.30am at the village hall as usual for a walk of about 4 miles. Optional pub lunch at the end. New walkers always welcome.

Further details from Dorothy and Keith 01984248105

## ST AUDRIES ART GROUP

St Audries Art Group meets in the Village Hall on Wednesday mornings from 10am until 12.30pm. If you are interested in joining us or just popping in to see what we do, please contact Pat or Maureen on 632729 or 632575.

## CRAFT GROUP

Come and learn new craft skills over a cup of tea and a natter, or pass your craft ideas on to others.

Every Tuesday in February in the village hall from 2 to 4.30pm.

June 632410

## WINDMILL LOCALS LUNCHES

As usual the monthly Locals Lunch will be held on the second Thursday of the month so that the next one will be on 9<sup>th</sup> February. Arrangements are 12.30pm for 1.00pm for two courses at a cost of £10 per person with an option for tea or coffee to follow at extra cost. Always a popular event with an opportunity to have a meal and chat with fellow villagers so please let Tony know a few days in advance on 633004 if you intend to come.

Mike

## VILLAGE HALL COMMITTEE NEWS

On behalf of the committee I would like to thank everyone who came to the Bacon Butty Do. It was a very enjoyable morning and there was a great atmosphere. A very big thank you goes to all those who worked hard in the kitchen helping make everything run smoothly. Another thank you goes to Vicky Nash who is the chief organiser and has been doing the job for the last nine years, she is stepping down from the job. If we want to continue the Bacon Butty Do we need someone else who will take her place, so volunteers please step forward.

I have let the committee know that I will be relinquishing the position as Chairman of the committee and leaving the committee after the AGM in October 2018. It could be earlier if someone wants to take over. The committee are always looking for new members if you are interested please contact me.

A date for your dairy, this year's AGM will be on 4th October.

Richard Hughes 01984 634714

## THE 10 COMMANDMENTS

Does anyone have an old photograph I could borrow and scan please, showing the interior of our Church with **The 10 Commandments** on either side of the east window? Duncan 632268 or SeaFurlong@aol.com

## LOCAL EVENTS

### **EAST QUANTOXHEAD VILLAGE MARKET**

The next Market at East Quantoxhead Village Hall will be held between 10am and noon on February 18th.

### **SALE AT ST.JOHN AMBULANCE HQ. MINEHEAD**

The next sale at the St.John Ambulance Hall, North Road, Minehead, TA24 5QW. It will open daily from 10am until 4pm between 10th and 15th February and from 10 am until 1pm on February 16th.

### **A NOSTALGIC EVENING'S ENTERTAINMENT**

'CLEVERLY EVERLY' (Clinton and Stan Rogers) will remind us of the **EVERLY BROTHERS** at the Nether Stowey Church Centre on Saturday 11th of February at 7-00 for 7-30pm. Savoury nibbles provided. BYOB Tickets £10.00 available from 01278 / 741309 / 741557 or 741367.

## QIGONG AND TAI CHI CLASSES

Held on Mondays, apart from Bank Holidays, from 2pm until 3pm at St Audries Village Hall. Please come along if you fancy a bit of very gentle exercise.  
More information from Jane Snell on 01984 634090.

## POETRY GROUP

Meeting on Thursday 23<sup>rd</sup> February from 2.30pm at Newlands, Staple Lane [Sue Virden] when we will read poems primarily about the SEA. A warm welcome awaits you.

As always, new or intermittent readers will be welcomed - give it a try.

Joyce 633537



## WEST QUANTOXHEAD ST PATRICK'S DAY SUPPER with Entertainment



17th March 2017 - 6.30 pm. for 7.00 pm  
ST AUDRIES VILLAGE HALL

Tickets: £7.50 from

Joyce - 01984 633537 maljoy@tesco.net

or

Daphne - 01984 632688

daphnewheeler9@btinternet.com

[no later than 10th March, please]

Please advise if vegetarian or gluten free, byob

Proceeds from the evening will be sent to Dorset and Somerset Air Ambulance.

## DECEMBER'S 2016 RAINFALL IN WEST QUANTOXHEAD

Rainfall recorded at WQ during December 2016 was 21 mm compared with that of December 2015 when 111 mm

The annual total rainfall during 2016 was 743.5 mms or 29.27 ins compared with 785.5 mms or 30.92 ins during 2015.

Kenn



## ST AUDRIES W.I.

The next WI meeting will be held on February 8th at the St Audries Village Hall starting at 2.15pm. The speaker will be Penny Gibbons whose subject will be "Managing Hearing Loss." The competition letter will be "T".

## PILATES

If there is sufficient interest, we have an opportunity to set up a Pilates Class in the Village Hall with a newly qualified instructor from Watchet. He is keen to get a group together (male and female) and is fairly flexible regarding mornings or evenings, to fit in with his other commitments. Tentatively we have talked about Thursday mornings, say 9.30am or 10.00am for an hour. If you are interested, please can you ring or e-mail Nathan:- Tel: 07762 721271 or e-mail: nathanpirt@icloud.com, and hopefully we can get a sufficient number to make the sessions viable. This is an opportunity to build up those muscles and your whole body core.  
Joyce Baxter

## THE PROBUS CLUB OF THE QUANTOCKS

The Probus Club meets Tuesdays at the 'Windmill Inn' 10.30am for coffee and interesting talks on many subjects. On the second Tuesday of each month we meet later for a lunch meeting with wives/partners.

New Members and Visitors always welcome.

Information 633060 or 632653

## MONTHLY COFFEE MORNING

Our next Coffee Morning will be on Monday 20<sup>th</sup> February 10.30am to noon. Come along for a chat and get together over a cup of tea or coffee.

## REPORTING RURAL CRIME

The Rural Crime Team invite us to report suspicious activity by TEXT on 81819.

## NOTES FROM OUR VILLAGE AGENT

If you are finding life a bit hard going at the moment, I may be able to help. Please phone me Izzy Silvester your village agent on 07931 018045, leave me your name and number and I will ring you back. Or e mail me on izzy@somerset.rcc.org.uk  
I do only work part-time so it may take a day or two for me to return your call.

Copy date for March's newsletter is 20<sup>th</sup> February. (Please mark for "Staple Diet" or "Newsletter"). Phone 01984 632268 or email: SeaFurlong@aol.com