

STAPLE DIET

No.86 JANUARY 2017

(The West Quantoxhead Village Newsletter)

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ST ETHELDREDA'S CHURCH

Sunday 1st January 10.00am **Benefice Eucharist** at
EAST QUANTOXHEAD with **NM**
Sunday 8th January 9.30am Eucharist with **TS**
Sunday 15th January 9.30am Family Service with **NM**
Sunday 22nd Jan. 10.00am Benefice Eucharist with **NM**
Sunday 29th Jan. 10.00am Benefice Eucharist with **AFT**

WEST QUANTOXHEAD WALKING GROUP

Our next walk will be on Thursday 5th January meeting at the village hall at 9.30am as usual for a walk of about 4 miles. Optional pub lunch at the end. We had a lovely circular walk in December, on a beautiful sunny morning, from Alcombe. Much enjoyed by all. New walkers are always welcome to join us. Further details from Dorothy and Keith 01984248105

ST AUDRIES ART GROUP

St Audries Art Group meets in the Village Hall on Wednesday mornings from 10am until 12.30pm. If you are interested in joining us or just popping in to see what we do, please contact Pat or Maureen on 632729 or 632575. Back after the Christmas break on 4th January.

CHRISTMAS VILLAGE POSTAL SERVICE

The village postal service raised £66.50 for the Dorset and Somerset Air Ambulance. Thank you to all those who contributed. Julie

MONTHLY COFFEE MORNING

Our next Coffee Morning will be on Monday 16th January 10.30am to noon. Come along for a chat and get together over a cup of tea or coffee.



VILLAGE HALL COMMITTEE NEWS

The Committee wish to thank all those involved in this year's Bazaar - all those who helped decorate the hall, those who manned stalls, all the ladies who made mince pies (well I think it was all ladies!), the team who made the coffee. We had a good attendance. Thank you all who came and made it an enjoyable event. We made £606 which is a welcome boost to the funds.

A reminder for the Bacon Butty - 1st January 2017, 12 noon to 2pm, £2.50 to include a coffee or bring your own drink. There is also a raffle. Come along and bring along family and friends.

Richard Hughes
01984 634714



ST AUDRIES W.I.

The next WI meeting will be held on 11th January at the St Audries Village Hall starting at 2.15pm. The speaker will be Jane Lilis whose subject will be St.Margaret's Hospice. The competition letter will be "S".

THE PROBUS CLUB OF THE QUANTOCKS

The Probus Club meets Tuesdays at the 'Windmill Inn' 10.30am for coffee and interesting talks on many subjects. On the second Tuesday of each month we meet later for a lunch meeting with wives/partners. New Members and Visitors always welcome. Information 633060 or 632653

QIGONG AND TAI CHI CLASSES

Held on Mondays, apart from Bank Holidays, from 2pm until 3pm at St Audries Village Hall. Please come along if you fancy a bit of very gentle exercise. Starts again on 23rd January.

For more information please contact Jane Snell on 01984 634090.

VILLAGE AGENT

Don't forget to visit the Village Agent website - <http://somerstrcc.org.uk> to see what is going on. Izzy Silvester Tel: 01823 331222 Mobile: 07931 018045 Email: izzy@somerstrcc.org.uk

WINDMILL LOCALS LUNCHES

Back to normal for the Locals Lunch Club at the Windmill in the new year i.e. meet on the second Thursday of each month so that January's will be on the 12th. Arrangements are 12.30pm for 1.00pm for two courses (mains and a desert) at a cost of £10 per person with coffee or tea to follow at 50p. If you intend to come please give Tony a call on 633004 a day or two in advance. Mike

NOVEMBER'S 2016 RAINFALL IN WEST QUANTOXHEAD

In contrast to November 2015 when a total of 68 mms was recorded, November 2016 delivered 173 mms (6.75 inches). It included storm Angus 'who' delivered 11 mms on the 18th , 6 on the 19th , 52 on the 20th , 22 on the 21st and 40 mms on the 22nd !



POETRY GROUP

26th January at 2.30pm at Appleqarth, Staple Lane (Joyce's) Tel: 633537. Topic: Dress or Clothing (loosely speaking).

23rd February at Lark Rise, Weacombe Road (Vicky). Topic: The Sea.

As always, new or intermittent readers will be welcomed - give it a try in 2017. Joyce 633537

CYBER CRIME

Anyone who is a victim of cyber crime should report it to the police on, www.actionfraud.police.uk

(A very scary recent two stage example of a SCAM designed to cause panic and that continued over five consecutive days:

A click on a link instantly closed the PC leaving alarm sirens blaring, all functions dead but with a written warning not to switch off and an invitation to ring "Windows". "Windows" remotely examined the PC and recommended a "Windows Certified Technician" to carry out repairs at a cost of £155.

"TalkTalk" phoned 24 hours later quoting the correct account number saying they had discovered a connection fault that turned out to be "their" problem. They offered to pay £200 compensation via "Paypal" and generously "paid" £1200 in "error" only to demand a repayment of £1000. This was followed by numerous threats if they were not paid.)

It was all a scam and later confirmed by Windows, TalkTalk, the Bank, the Police and Action Fraud

If it happens to you switch off your PC. Put your phone down. The real TalkTalk does not phone its customers. Check with your provider. Notify your bank. Record all you can for Action Fraud.

**"MAKE WEST QUANTOXHEAD
A CYBER CRIME FREE ZONE"**

LOCAL EVENTS

The first **East Quantoxhead Village Market** in 2017 will be held at their Village Hall between 10am and 12 noon on Saturday 21st.

DATE FOR DIARY

St. Patrick's Day Supper. Friday MARCH 17TH in St Audries Village Hall - with entertainment. Joyce

WQH PCC FUND RAISING ACCOUNT

WQH PCC now has an easy fund-raising account for purchases online - any purchase online used through the account gains WQH PCC a financial donation. Please could you all tell friends and neighbours about it.

The web address is:

[WQH PCC Fundraising Ideas | easyfundraising.org.uk](http://www.easyfundraising.org.uk)

Or at:

<https://www.easyfundraising.org.uk/causes/staudrieswqh/>

CRAFT GROUP

Come and learn new craft skills over a cup of tea and a natter, or pass your craft ideas on to others.

We start back in 2017 on Tuesday 17th January in the village hall from 2pm to 4.30pm, then every following Tuesday in January.

June 632410

**ENJOY YOUR CHRISTMAS!
HAVE A**

**HAPPY
NEW YEAR!
2017**

Copy date for February's newsletter is 20th January. (Please mark for "Staple Diet" or "Newsletter").
Phone 01984 632268 or email: SeaFurlong@aol.com